



Staff news

Dr Vanessa Souter has left us to head to the Outback of Australia. Dr Frances Butler has joined our team from the Hawkes Bay to look after Dr Souter's patients. We are also joined by locum Dr Philip Harrison whom some of you may have met last year and will be covering doctors on leave throughout the year.

Receptionist Jenny left us for new ventures at the beginning of the year and we have welcomed Olivia to the reception team. Our nursing team has welcomed Rebekah, our new graduate nurse and Diana is expecting her first baby and will be going on maternity leave in May.

Manage My Health Patient Portal

Courtenay Medical now requires all patients to sign up with Manage My Health. You can then book appointments online, order prescriptions, view test results etc.

To book a same day / urgent / nurse or specialised appointments you will still need to phone through to reception. All other routine 15 minute GP appointments should be booked online either through your Manage My Health App or our website using the easy booking button.

The registration process is quick and easy. All you need is a personal email address, proof of identity and to be 16 years or older.

Once you've registered you can access your medical file from home, the office or on your smart phone, anywhere, anytime!

Ask reception to sign you up today!

Repeat Prescriptions

Please remember to order your prescriptions before you run out as your request takes time to process. Same day prescriptions incur an additional charge.

Courtenay Medical policy requires all patients to have a medication review annually with their GP.



Repeat prescriptions will only be available to request via your Manage My Health App or in person at the practice by completing our repeat prescription form at reception. Our prescription phone line will cease from 1st April 2020.

Online Banking

Please include your name and chart number as the reference.

Reception Email

Please do not email reception clinical matters or to book appointments. Clinical matters need to be directed to your doctor via Manage My Health. Our reception email is only for non-urgent administrative tasks.



Reminder

Payment for consultations is required on the day unless you have made prior arrangement with reception.

Coronavirus

Recently, an outbreak of a new coronavirus disease now called COVID-19 was identified. Coronaviruses are a large and diverse family of viruses which cause illnesses such as the common cold, severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS).

Symptoms include: Fever, Coughing, Difficulty breathing

Difficulty breathing is a sign of possible pneumonia and requires immediate medical attention.

If you have these symptoms and have recently been to mainland China or have been in close contact with someone confirmed with COVID-19, please telephone on 0800 358 5453 for dedicated health advice and health information. It is free and available 24 hours a day, 7 days a week.

There is new information coming to hand regularly. Please visit the Ministry of Health website for updates:

<https://www.health.govt.nz/search/results/coronavirus>

or our website for further information www.cmed.co.nz

Keep well while travelling overseas

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze, or you can cough or sneeze into your sleeve. Throw used tissues in a lined trash can, and immediately wash your hands with soap and water for at least 20 seconds making sure you dry them thoroughly. You can also use hand sanitiser.

Wash your hands

Wash your hands often and thoroughly with soap and water for at least 20 seconds. You can use a hand sanitiser if soap and water are not available and if your hands are not visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.



When we are closed...

You can seek medical attention at:
Wellington Accident & Urgent Medical Centre, 17 Adelaide Rd, Newtown, Wellington (04) 384-4944

Open every day 8am-11pm



Or between the hours of 11pm—8am
Wellington Hospital Emergency Department, Riddiford St, Newtown, Wellington.



Or Phone Healthline on 0800 611 116



Contact Details

Have you changed any of your contact details? Please tell Reception, so we can update your records, by phone 04 801 5228 or email us at reception@cmed.co.nz

Facebook & Wi-Fi

Like our page. We have free Wi-Fi in the waiting room

