

## Covid-19

Barriers at the front door are our new normal! We are asking all patients to read the questions on the glass door upon exiting the lift to level 5. Please note these questions will change according to the alert level that Wellington and the rest of NZ is in.

We ask everyone to continue to practice good hygiene by sanitising your hands on arrival and informing reception immediately if you have any respiratory symptoms.

If you have respiratory symptoms, you may be asked to wait in our isolation room.

Telephone consultations are also our new normal, please let reception know if you would prefer a telephone consultation. Normal consultation fees apply for telephone consultations.

For additional Covid-19 information, please contact the Ministry of Health hotline on

[0800 358 5453](tel:08003585453) or [click here for more information](#)

Click [here](#) for Helpful hints to stay well or

Click here for NZ Government Unite against COVID-19

<https://covid19.govt.nz/>

## Manage My Health online bookings



All registered patients can now book face-to-face appointments online. Log into your MMH portal or go onto our website [www.cmed.co.nz](http://www.cmed.co.nz) and click the orange button.

This applies even if you are not already registered on Manage My Health. Easy booking is for **non-urgent GP** appointments only.

If you require an extended appointment or other services e.g. a driver's license medical please call Reception on **801 5228**

## Repeat Prescriptions

All prescriptions are now sent electronically directly to your pharmacy. Repeat prescriptions must be requested using your Manage My Health App. Please contact Reception on 801 5228 if you are not yet registered for this.



Please remember to order your prescriptions before you run out as your request takes time to process. Same day prescriptions incur an additional charge.

Courtenay Medical policy requires all patients to have a medication review annually with their GP.

## Online Banking

Please include your name and chart number as the reference.

## Reception Email

Please do not email reception clinical matters or to book appointments. Clinical matters need to be directed to your doctor via Manage My Health. Our reception email is only for non-urgent administrative tasks.



## Reminder

Payment for consultations is required on the day unless you have made prior arrangement with reception.

## Staff News

We welcomed to Dr Hui Wang to our team in August. Dr Hui has been a GP and travel medicine doctor in Palmerston North for the last few years.

Courtenay Medical is sad to announce that Dr Justine Lancaster has resigned and will be leaving us on Friday 16<sup>th</sup> October 2020.

Justine will be taking a break from general practice to focus on her other professional roles for Health Pathways and the Royal College of GP's.

I am sure you will agree with us, Justine is irreplaceable. With this in mind, we intend sharing her patients across the following 4 doctors: Dr Frances Butler, Dr Debbie Taylor, Dr Dave Pickett and Dr Hui Wang. We are currently advertising for a new GP to join our team. Dr Rebecca Rowe's books are currently closed.

## Website

Please visit our website, which we update regularly with important notices for our patients.

Please check out our Health Resources tab, which has links to many valuable sites. We have now added a **Social Services** page under the health resource's tab, for important social services within our community.

HEALTH RESOURCES

## Children's Immunisation schedule update

From 1 October 2020 a new vaccination event will be scheduled at 12 months, to administer MMR dose one and PCV10. The main purpose for this change is to ensure measles control by offering protection as early as possible. The 15 month event will include MMR dose two, Hib and Varicella vaccine. This is a reduction from four vaccines to three. There will be upcoming advice on catching up children aged 13 months to 4 years to ensure that all children receive two doses of MMR.

## When we are closed...

You can seek medical attention at:  
Wellington Accident & Urgent Medical Centre, 17 Adelaide Rd, Newtown,

Wellington (04) 384-4944

Open every day 8am-11pm



Or between the hours of 11pm—8am  
Wellington Hospital Emergency Department, Riddiford St, Newtown, Wellington.

EMERGENCY

Or Phone Healthline on 0800 611 116

Free health advice  
when you need it



**Healthline**  
0800 611 116  
www.healthline.govt.nz

## Contact Details

Have you changed any of your contact details? Please tell Reception, so we can update your records, by phone 04 801 5228 or email us at [reception@cmed.co.nz](mailto:reception@cmed.co.nz)

## Facebook & Wi-Fi

Like our page. We have free Wi-Fi in the waiting room

