



Healthcare Home

Do you know about our phone triage service?

Every day we offer **GP Triage** for patients requesting a same day appointment. We can get a doctor to call you back and they will assess you and:

1. Give you medical advice- charge of \$30 **or**
2. Give you a prescription – charge \$24 **or**
3. Give you an urgent on the day appointment – normal consult charges apply for that appointment

Measles Vaccine Update!



“Measles is a serious and highly infectious viral disease.” “It is spread from person to person through the air by breathing, sneezing or coughing. Just being in the same room as someone with measles can lead to infection if you are not immunised.” If you think that you, or a family member, may have been exposed to measles PLEASE phone us (801-5228) rather than coming in. Our clinical team can then give you advice and decide how to best treat your symptoms in line with our infection control protocols. These protocols are in place to protect other vulnerable patients and our team. Our advice is that you check your immunisation status. If you are not sure if you have had the MMR vaccine, please speak with one of our nurses. A funded booster vaccine is available. A charge may apply.



If you have a cough or runny nose, please sanitize your hands, wear a mask and advise Reception right away!

Manage My Health

Have you signed up yet?

www.managemyhealth.co.nz

Sign up with Reception now so you can:

- Book appointments online
- Request repeat prescriptions
- View test results
- And more!



Online Banking

Please include your name and chart number as the reference.

Health News

Check out our health promotion noticeboard in waiting room for the latest health topic.



Reminder

Payment for consultations is required on the day unless you have made prior arrangement with reception.

Get your funded shingles vaccine now !

Zostavax is funded for anyone between the ages of 65 to 79 until 1 April 2020. After this date the vaccine will be only funded in your 65th year.

Other unfunded vaccinations that are recommended include: Bexsero, Menactra and Nimenrix to protect against meningitis, Pneumovax which covers protection against certain types of pneumonia and Boostrix which is a vaccine containing Tetanus, Diphtheria and Whooping Cough.

If you would like to take protection for the winter then please contact reception for an appointment with the nurse.



ZOSTAVAX™
Zoster Vaccine Live (Oka/Merck)

FUNDED
from April 2018 for the prevention of Shingles (herpes zoster)¹

For people meeting the following criteria;
1. People aged 65 years; and
2. People aged 66 - 80 years (inclusive) until 31 March 2020

Travel Health – We recommend that you get your travel health organised at least 6 weeks prior to departing on your travels. Check out our website to download a travel health questionnaire that needs to be completed and returned before you book an appointment with us. Travel health information is also available to download. We have comprehensive travel first aid kits for sale.



When we are closed...

You can seek medical attention at:
Wellington Accident & Urgent Medical Centre, 17 Adelaide Rd, Newtown, Wellington (04) 384-4944

Open every day 8am-11pm



Or between the hours of 11pm—8am
Wellington Hospital Emergency Department, Riddiford St, Newtown, Wellington.



Or Phone Healthline on 0800 611 116



Contact Details

Have you changed any of your contact details? Please tell Reception, so we can update your records, by phone 04 801 5228 or email us at reception@cmed.co.nz

Facebook & Wi-Fi

Like our page. We have free wi-fi in the waiting room

