

Flu Vaccine

The flu vaccine is FREE for those aged 65 years and older, pregnant women, and for some medical conditions. For non-funded patients the cost is \$30.00. The more people who are immunised and protected against influenza, the less that it can spread.



Flu vaccination can reduce flu illnesses; doctors' visits, and missed work and school due to flu, as well as prevent flu-relating hospitalisations.

Influenza spreads very easily and at its worst, it can put you in hospital and can even be fatal. In many cases, influenza can keep you in bed for a week or two, and drain your energy keeping you from work, school, sport or just about anything that requires leaving the house.

We encourage all adults to consider immunisation as the vaccine is shown to be effective in younger adults, and is also recommended in children.

Measles!

There are confirmed cases of measles in the Wellington region, so we are asking for your assistance in helping to minimise the spread of this infectious disease. Regional Public Health advises, on their website, that "Measles is a serious and highly infectious viral disease." "It is spread from person to person through the air by breathing, sneezing or coughing. Just being in the same room as someone with measles can lead to infection if you are not immunised." If you think that you, or a family member, may have been exposed to measles PLEASE phone us (801-5228) rather than coming in. Our clinical team can then give you advice and decide how to best treat your symptoms in line with our infection control protocols. These protocols are in place to protect other vulnerable patients and our team. Our advice is that you check your immunisation status. If you are not sure if you have had the MMR vaccine, please speak with one of our nurses. A funded booster vaccine is available. A charge may apply.

Changes to our Team

We would like to welcome Jo our Nurse Team Leader, Susan a practice Nurse and Dell on Reception. We have farewelled Mhairi our Scottish nurse and Lisa will be leaving us mid July for the Australian outback.

Repeat Prescription Requests

You can now order a repeat prescription by email, script@cmed.co.nz

Please ensure you give us your full name, date of birth, repeat medication and advise how you wish to collect. If you require your script to be faxed to a pharmacy, advise Pharmacy details.

Free Wi-Fi

We now have free Wi-Fi in the waiting room.



Waiting Times

You can help us and your fellow patients in trying to minimise waiting times. A normal 15-minute consultation should generally cover one or two issues. If you are coming in with multiple issues please book a 30 minute appointment, as handling these will take the Doctor over 15 minutes and could delay other patients seeing their Doctor on time.

Health IT and Patient Portal

I have been using the same Practice Management System (PMS) – Medtech 32 for over 20 years. This platform of Medtech 32 has definitely gone past its use by date.

Some of our patients have been asking us,
“Can I book an appointment on line?”
“Can I get a repeat prescription on line?”
“Can I look up my results?”
“Can I email my GP?”

The “ManageMyHealth” Patient Portal has been available for a while and is very challenging to manage at our end.

Our PHO Compass Health will be deciding on a new Practice Management System in the next few months. Once the decision has been finalised Courtenay Medical will be in early to change over to the new PMS, as our vision includes using improved technology. We hope this change will happen within a year.

Please bear with us a little longer to ensure we don't waste your time and ours by choosing to go with ManageMyHealth prematurely. We will analyse the new PMS and patient portal to ensure that this will meet the needs and demands of our patients and ourselves.

Dr Dave Pickett

Director

When we are closed...

You can seek medical attention at:
Wellington Accident & Urgent Medical
Centre, 17 Adelaide Rd, Newtown,
Wellington (04) 384-4944
Open every day 8am-11pm



Or between the hours of 11pm—8am
Wellington Hospital Emergency
Department, Riddiford St, Newtown,
Wellington.



Or Phone Healthline on 0800 611 116



Contact Details

Have you changed any of your contact details? Please tell our receptionist, so we can update your records, by phone 04 801 5228 or email us at reception@cmed.co.nz

Facebook

We are on Facebook. Like our page and find out what is happening at Courtenay Medical, and we will share health related articles.

